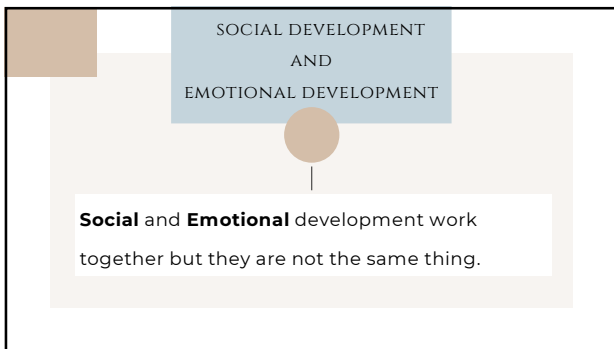




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WHAT AFFECTS SOCIAL DEVELOPMENT?

- Temperament
- Attachment type
- Experiences in the environment
- Relationships
- Culture



4

SOCIAL AND EMOTIONAL WORK TOGETHER



- Development through social experiences
- Through different social contexts
- Awareness and control of our emotional expression = effective social experiences

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BIRTH TO 1 YEAR

SOCIAL DEVELOPMENT MILESTONES

- Birth
- Read and respond to adult cues and signals
- Use simple gestures to start or reciprocate interactions
- Seek and develop relationships with one adult
- Demonstrate interest in others
- Influence the reactions and behaviours of others



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YEAR 1 - 2

SOCIAL DEVELOPMENT MILESTONES

- Engage with others through complex back-and-forth interactions
- Begin to take turns with support from adults
- May exhibit antisocial behavior
- Begin to move from parallel to more interactive play as the child nears 24 months



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YEAR 2 - 3

SOCIAL DEVELOPMENT MILESTONES

- Become more aware of gender differences
- Enjoy wider range of relationships; eager to meet new people
- Able to work cooperatively with peers
- Communicate about experiences and the thoughts and feelings of others
- Share their own ideas
- Share and exchange materials and objects with others



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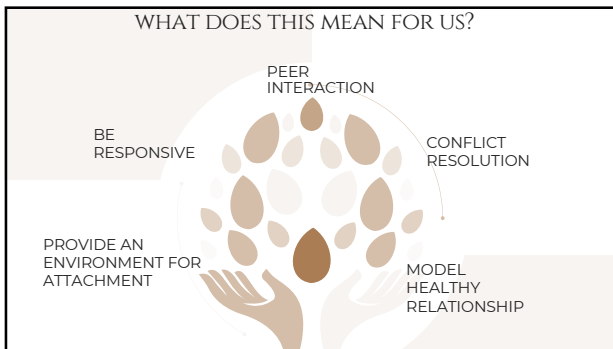
YEAR 3 - 5

SOCIAL DEVELOPMENT MILESTONES

- Become more aware of gender differences
- Enjoy a wider range of relationships; eager to meet new people
- Able to work cooperatively with peers
- Communicate about experiences and the thoughts and feelings of others
- Share their own ideas
- Share and exchange materials and objects with others



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SOCIAL DEVELOPMENT SUMMARY

- Closely **related** to emotional development
- **Contributes** to healthy emotional development
- Relies on **secure attachment**
- Milestones help us **observe** and **support** the child.

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EMOTIONAL DEVELOPMENT


DEFINITION

An emotion is a strong feeling such as love, fear, or anger; the part of a person's character that consists of feelings. It is an instinctive or intuitive feeling as distinguished from reasoning or knowledge.

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EMOTIONAL STATES

- **Transitional**
- **8 primary emotions**
 - Joy, anticipation, anger, disgust, sadness, surprise, fear and trust.
- **Wheel of emotions**



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AGAIN, SOCIAL AND EMOTIONAL DEVELOPMENT WORK TOGETHER




- Emotional development **progresses** through having **social experiences**:
 - Relationships with others influence emotional development
 - Emotions, and how we respond to them, influence our relationships.

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WHAT AFFECTS EMOTIONAL DEVELOPMENT?

- Temperament
- Attachment type
- Experiences in the environment.
- Relationships
- **Stress**




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BIRTH TO 1 YEAR

EMOTIONAL DEVELOPMENT

Noticing Emotions in Others

- Show awareness of signals from caregivers
- Shows some control over display of emotions
- Begin expressing their needs




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YEAR 1 - 3

EMOTIONAL DEVELOPMENT MILESTONES

Expressing Emotions and Noticing Emotions in self

- Expressing a variety of emotions and notices emotions in self
- Begins to self-regulate when experiencing big emotions
- Begins social referencing



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YEAR 3 - 6

EMOTIONAL DEVELOPMENT MILESTONES

Managing Emotions

- Tantrums decrease - experience guilt feelings for 'losing control'.
- Language and cognitive processing skills provide more skills to self-regulate
- Social expectations help with self-regulation
- Emotions become 'socialised' and can be faked.



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CONCLUSION

- Social and Emotional development do work together but they should be observed and supported separately.
- The factors affecting Social and Emotional development are:
 - temperament, attachment type, experiences in the environment, relationships, culture and stress.
- Parents and educators play a vital role in supporting healthy social and emotional development in young children.

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TASKS

Task 1 - Choose one of the following videos of a child in an environment.

Task 2 - Write down 5 examples of Social Development

Task 3 - Write down 5 examples of Emotional Development

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