

# Raising Happy Kids

## STEREOGNOSTIC BAGS

Older children will enjoy doing this activity while wearing an eye mask.

Below 2.5 - 3 years, children don't yet want to cover their eyes but they do enjoy the experience of putting their fingers in a bag and feeling one object at a time.

When creating a stereognostic bag, It is important to choose objects that the child has had experience with.

We need to be aware that some children may not know the name of what they are feeling, though it must have been a part of their environment and recognisable.

Stereognostic Bags are set up as follows:

- 3 cloth bags, wide enough to get hands into and easy for the child to open and close.
- Start with 5 objects and build up to 7-8 objects.
- These activities need to be changed regularly, every 2 weeks to create interest.



**Bag 1 - Random known Objects**



**Bag 2 - Classified Objects**



**Bag 3 - Pairs (Finding the same)**





